



SAVORY COTTAGE CHEESE BOWL

INGREDIENTS

ITEM

Cottage Cheese
Cherry Tomatoes, halved
Cucumber, sliced
Olive Oil
Balsamic Glaze (or Balsamic
Vinegar, reduced)
Salt and Pepper

QUANTITY

½ Cup
¼ Cup
¼ Cup
1 Tsp.
1-2 Tsp.

SERVING SIZE

1

PREPARATION

- Add cottage cheese to a bowl.
- Top with cherry tomatoes and cucumber slices.
- Drizzle with olive oil.
- Add a light drizzle of balsamic glaze.
- Season with salt and pepper.