



## SUN-DRIED TOMATO CHICKEN SALAD



### INGREDIENTS

| ITEM                                            | QUANTITY |
|-------------------------------------------------|----------|
| • Cooked Chicken Breast, Shredded               | 1 ½ lbs  |
| • Mayonnaise                                    | ⅓ cup    |
| • Dijon Mustard                                 | 1 tbsp   |
| • Oil-packed Sun-dried Tomatoes, Finely Chopped | ¼ cup    |
| • Green Onion Tops                              | 3 tbsp   |
| • Fresh Parsley                                 | 2 tbsp   |
| • Fresh Basil                                   | 2 tbsp   |
| • Lemon Juice                                   | 1 tbsp   |
| • Salt and Pepper                               |          |

**SERVING SIZE** 4



### PREPARATION

- Add shredded chicken, sun-dried tomatoes, and green onion tops to a bowl.
- Whisk mayonnaise, Dijon, lemon juice, salt, and pepper.
- Pour dressing over the chicken mixture.
- Add parsley and basil.
- Mix until evenly coated.