



ZUCCHINI NOODLE SHRIMP ALFREDO

INGREDIENTS

ITEM

Shrimp, peeled and deveined
Zucchini Noodles
Light Alfredo Sauce
Olive Oil
Garlic Powder, Salt, Pepper

QUANTITY

4 Oz.
2 Cups
¼ Cup
1 Tsp.

SERVING SIZE

1

PREPARATION

- Heat olive oil in a skillet over medium heat.
- Cook shrimp for 2-3 minutes per side until pink and opaque.
- Add zucchini noodles and sauté lightly for 1-2 minutes.
- Stir in Alfredo sauce and season to taste.