



CHICKEN EGG ROLL IN A BOWL

INGREDIENTS

ITEM	QUANTITY	ITEM	QUANTITY
Ground Chicken	5 Oz.	Grated Ginger	1 Tsp.
Coleslaw Mix	3 Cups	Low-sodium Soy Sauce	2 Tbsp.
Mushrooms, sliced	½ Cup	Sesame Oil	1 Tsp.
Cloves Garlic, minced	2	Green Onions, sliced	2

SERVING SIZE

1

PREPARATION

- 👉 Cook ground chicken in a skillet over medium heat until browned.
- 👉 Add garlic, ginger, and mushrooms; cook 2-3 minutes.
- 👉 Stir in coleslaw mix and cook until softened.
- 👉 Add soy sauce and sesame oil; toss to combine.
- 👉 Top with green onions and serve.