



EGG SALAD STUFFED MINI PEPPERS

INGREDIENTS

ITEM	QUANTITY	ITEM	QUANTITY
Hard-boiled Eggs, chopped	2	Salt and Pepper to Taste	
Nonfat Plain Greek Yogurt	¼ Cup	Mini Sweet Peppers, halved and seeded	3
Dijon Mustard	1 Tsp.	Paprika for Garnish	
Lemon Juice	1 Tsp.		
Chopped Chives	1 Tbsp.		

SERVING SIZE

6

PREPARATION

- 👉 Slice mini peppers in half lengthwise and remove seeds.
- 👉 In a bowl, combine chopped eggs, Greek yogurt, Dijon mustard, lemon juice, chives, salt, and pepper.
- 👉 Stir gently until the mixture is creamy and well combined.
- 👉 Taste and adjust seasoning if needed.
- 👉 Spoon the egg salad evenly into each pepper half.
- 👉 Sprinkle with paprika and additional chives, if desired.