



GREEN GODDESS PROTEIN SMOOTHIE

INGREDIENTS

ITEM	QUANTITY	ITEM	QUANTITY
Vanilla Protein Powder	1	Small Green Apple	½
Unsweetened Almond Milk	1	Juice	½ Lemon
Baby Spinach	1	Ice Cubes	
Cucumber Chunks	½		
Avocado	⅛		

SERVING SIZE 1

PREPARATION

- Add all ingredients to a blender.
- Blend until smooth and creamy.
- Adjust consistency with extra almond milk if needed.