



TZATZIKI CHICKEN & CUCUMBER BOWL

INGREDIENTS

ITEM	QUANTITY	ITEM	QUANTITY
Grilled Chicken Breast, sliced	5 Oz.	Crumbled Feta Cheese (Optional)	1 Tbsp.
Cucumber, chopped	2 Cups	Fresh Dill, chopped	1 Tbsp.
Cherry Tomatoes, halved	½ Cup	Juice	½ Lemon
Red Onion, thinly sliced	2 Tbsp.	Fresh Cracked Black Pepper	
Tzatziki Sauce	¼ Cup		

SERVING SIZE

1

PREPARATION

- ➡ Add cucumber, tomatoes, and red onion to a serving bowl.
- ➡ Toss the vegetables with the tzatziki, dill, lemon juice, and black pepper until evenly coated.
- ➡ Top with sliced grilled chicken.
- ➡ Sprinkle with feta, if using, and garnish with additional fresh dill before serving.