

EGG BAKE

INGREDIENTS

ITEM	QUANTITY
• Eggs	6
• Spinach	1 Cup
• Cherry Tomatoes, halved	½ Cup
• Kalamata Olives, sliced	16
• Olive Oil	2 Tsps.
• Salt and Pepper	

SERVING SIZE — **HALF OF TOTAL BATCH**

PREPARATION

- Preheat the oven to 375°F and lightly grease a small baking dish with olive oil.
- Evenly spread the spinach, cherry tomatoes, and olives across the dish.
- In a bowl, whisk the eggs with salt and pepper until fully combined.
- Pour the egg mixture over the vegetables and gently shake the dish to distribute evenly.
- Bake for 20–25 minutes, or until the center is fully set and the top is lightly golden.
- Allow to cool for 5 minutes before slicing into two portions.

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