

STRAWBERRY COCONUT YOGURT BARK

INGREDIENTS

ITEM	QUANTITY
• Lactose-Free Greek Yogurt	2 Cups
• Maple Syrup	1 Tbsp.
• Vanilla Extract	1 Tsp.
• Strawberries, thinly sliced	½ Cup
• Unsweetened Shredded Coconut	¼ Cup
• Dark Chocolate Chips, optional	2 Tbsps.

SERVING SIZE 1

PREPARATION

- Line a baking sheet or freezer-safe tray with parchment paper.
- Stir together the Greek yogurt, maple syrup, and vanilla.th olive oil.
- Spread the yogurt mixture evenly over the parchment, about ¼-inch thick.
- Scatter the strawberries, coconut, and optional chocolate chips on top.
- Freeze for at least 3 hours, until completely firm.
- Break into 8 pieces and serve immediately.

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