

TURKEY LETTUCE WRAPS

INGREDIENTS

ITEM	QUANTITY
Ground Turkey	5 Oz.
Butter Lettuce Leaves	4
Shredded Carrots	¼ Cup
Diced Cucumber	¼ Cup
Green Onion Tops	1 Tbsp.
Tamari	1 Tbsp.
Grated Ginger	1 Tsp.

SERVING SIZE **4 WRAPS**

PREPARATION

- Heat a skillet over medium heat and cook turkey, breaking it apart as it browns.
- Once cooked through, stir in tamari, ginger, and green onion tops. Cook for another 1-2 minutes.
- Spoon the turkey mixture into lettuce leaves.
- Top with shredded carrots and cucumber, then serve immediately.

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