

COTTAGE CHEESE QUESO DIP

INGREDIENTS

ITEM	QUANTITY
Cottage Cheese	¾ Cup
Salsa	2 Tbsps.
Cumin	¼ Tsp.
Chili Powder	¼ Tsp.
Garlic Powder	
Pinch of Salt	
Optional: Jalapeño or Hot Sauce	

SERVING SIZE **APPROX. ½ CUP DIP**

PREPARATION

- Blend cottage cheese until smooth and creamy.
- Transfer to a bowl and stir in salsa, cumin, chili powder, garlic powder, and salt.
- Adjust seasoning to taste.
- Add jalapeño or hot sauce if desired.
- Serve with cucumbers, bell peppers, or eat with a spoon.

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